

DOPE LABS

Transcript of Lab 016 ____

Zakiya: It's getting cold outside and you know, that is my favorite time of year.

Titi: Mine, too.

Zakiya: Cuffing season.

Titi: That's right.

Zakiya: Turtleneck season.

Titi: The best.

Zakiya: And spooky season.

Titi: Me and Zakiya bonded very, very early in our friendship over our love, of all things spooky.

Zakiya: That's right.

Titi: We love Halloween. We love all the marathons of all the scary movies. We will watch them all and scare ourselves to the point where we can't go to sleep.

Zakiya: Yeah. You gotta watch them back to back. To back to back. You don't let the scariness die down. You gotta keep a high level of...

Titi: Exactly.

Zakiya: ...Anxiety.

Titi: You watch six scary movies back to back and then a Cheerios commercial come on, you still gonna be shook by that Cheerios commercial. That's the type of scared we want to be.

Zakiya: "What was that behind her?"... "It's just milk!".

Titi: Those honey nut O's. I don't know.

Titi: I'm Titi.

Zakiya: And I'm Zakiya.

Titi: And from Spotify studio. This is Dope Labs.

Zakiya: So, I don't think we told this part of the story. But in the memory episode, when you talked about dropping the rib on the floor, that's because we thought we heard something at the back door. But we also watched two or three slasher films.

Titi: Yeah. So, we thought he had come, him the killer.

Titi: To get us.

Zakiya: To kill us!

Titi: We ran out. No shoes and nothing. Jesus.

Zakiya: And there was no fire.

Zakiya: What's your favorite scary movie?

Titi: I've been watching a lot of new scary movies recently. Like scary movies that I have never seen before and never heard about it. One that I saw was the Babadook, and I actually recommended that to you because me and Jenny, our producer, had watched it and really liked it.

Zakiya: Yeah. And I could not. I was getting into it. I was like "ooo this is going to be good". When they moved that refrigerator and that roach came out, I was like, "I am not watching this anymore".

Titi: That was the scariest part of the movie for Zakiya..

Zakiya: Yeah. That was it. I was out.

Titi: My friend... She is more scared of a shiny back beetle than she is of a man with a knife.

Zakiya: Have you seen that meme where it was like "I'm so scared of bugs, you could rob me with a centipede".

Zakiya: That's me!

Titi: That's Zakiya!

Titi: Don't let nothing black be on your floor, black and round.

Zakiya: I'm like "what is that?!".

Titi: It could be it could be a button she is burning that house to the ground.

Zakiya: I'm walking on my toenails. OK. Getting out of there. I do not have time for it.

Titi: Zakiya had a bug in her house. I walked. I went over there to save her one time. And she was in there walking on her eyelashes. She was shook. she was so scared. I'd never seen my friend like that, but I was glad I could help.

Zakiya: So, we are going to talk about everything...

Both: Ghosts.

Zakiya: Specifically, the equipment used to track these ghost, ghouls, and goblins.

Titi: Yes. So, this episode is gonna be a lot like the Wakanda forever episode. Like we're going to be stretching some of the science just so that we can kind of explain how some of these things can work.

Zakiya: Yeah, we're just exploring the text on what kinda we said. What would the technology look like if this existed? And now we're saying, what does the technology look like That does exist. How does it work?

Titi: How does it work?

Zakiya: And most importantly, my friend. Ladies and gentlemen, can I get a drum roll Please?

Titi: *drumroll sound*.

Zakiya: Coming to the stage with physics and chemistry is my friend Titi. So Titi is gonna tell you guys all about everything behind the technology because you know, that is not my area. But I'm here to learn with you. Let's go.

Zakiya: So, let's get into the recitation. Even though insects and bugs scare me, that's a different type of scare. The supernatural scary I love.

Titi: Yes! Because...

Zakiya: The possibility....

Titi: Honestly. Because it's like how can we explain any of this? That is the one part of like our whole world that I don't think anybody is really able to explain... What happens after you die?

Zakiya: Or if you don't die. I think my obsession with ghosts started with the movie "Ghost" Patrick Swayze, Whoopi Goldberg, Demi Moore...

Titi: That was a good movie.

Zakiya: And also that I started my obsession with pottery. That's neither here nor there.

Titi: Yeah.

Zakiya: But I think, you know, I would want to know. Like, how could I tell if there was a ghost here? Is it a friendly ghost? Is it a mean ghost.

Titi: Right? Like, how do you track ghosts?

Zakiya: Yeah, I see people you know, you think all the way back to Ghostbusters. People always carried all this equipment. But what is it?

Titi: Exactly. And I know that you want Ghost to follow you around for whatever reason, but like, is there something that you can do, as a person who is crazy, to get ghosts to follow you.

Zakiya: I'm going to rephrase your question. So, you're saying as someone who's Interested in the paranormal, are there certain like attractants.

Titi: Interested in interacting with the paranormal.

I only want to interact with a certain subset of the paranormal universe, if it exists. I don't even know if it exists. I need to be convinced.

Titi: Do you need fancy equipment, though? That's another good question. I feel like there's some other things that you can do because we've seen in other movies like was it Poltergeist where they had candles and stuff like that? Like, do I need to drop a thousand dollars on a piece of equipment, or can I walk in with a jar of peanut butter and...

Zakiya: Draw the ghost out.

Titi: and a curtain rod

Zakiya: This is an interesting one because I feel like all the old stories, ghost stories have been around way longer than equipment has.

Titi: That's so true.

Zakiya: So maybe you just are able to detect a weaker level ghost. I don't know with more equipment.

Titi: And then another question is this once you find the ghost.

Zakiya: Or if you find a ghost.

Titi: Then what? What's the next step?

Zakiya: Get rid of it.

Titi: Obviously.

Zakiya: So, let's get into the dissection. If we wanted to put ghosts under the microscope. We had to call the right people.

Titi: Yes. And we found the perfect people. They are the ghost brothers.

Zakiya: And they're from the Travel Channel's Ghost Brothers, Haunted House guests.

Dalen: Dalen Spratt here, a.k.a. Black Chocolate.

Juwan: Hey, what's going on? You got Juwan Mass here. I'm "the paranormal papi"

Marcus: And this is the Marcus Harvey, the barber star, "Ghost Tracy".

Juwan: And we are the ghost brothers from travel channels, Ghost Brothers, haunted house guests.

Marcus: If you didn't catch us when our season was on, go catch us on Travel Channel. Go. Oh, is that dope! Yeah. You might as well do it right now. Go ahead. Download that thing, baby.

Zakiya: We asked the Ghost Brothers because they really are experts on all things ghost. When you watch a thousand scary movies like you said, everything is scary. So, let's just draw some parameters. Dalen what is a ghost?

Dalen: We like to categorize a ghost or a spirit as just like an entity that you can't see. You know, I mean, that's not physically here in the present, but may appear.

Marcus: People who are ghost are the most petty people in the world because they can't let it go. "I dieddddddd" OK, we know you died. Go on somewhere else.

Dalen: Yeah, there's a whole bunch of different type ones. They're good ones. They're bad ones. There's your homies. There's people who we have beef with in regular life, like all types of people that were walking this earth while they were alive. They keep that same type of energy and emotions in the afterlife.

Titi: Yeah. I mean, all the guys that we see in the scary movies are usually bad ghosts, but they're there should be. I think that should be some good ghosts.

Zakiya: I don't think anything exists in absolutes. So there has to be, you know.

Titi: A spectrum.

Zakiya: Yeah, it has to be a spectrum.

Titi: Could be just a slightly ticked off ghost or a sweet as pie ghost.

Zakiya: What, like Casper?

Titi: Mmhm

Zakiya: He was a coward. Oh, no, I don't mean that.

Titi: She means it.

Zakiya: So, if you're trying to figure out if there is some supernatural force, what do you look for?

Titi: Yeah. Before we get into the tech, we have to determine what exactly where we're detecting. So, what is a ghost made of? This is what Marcus said.

Marcus: I don't even have the answer to that. I would just say energy.

Dalen: This is like a science test. We would have studied.

Marcus: I didn't study that! No but what we have come to find out is, is that with the tools that we use, there's typically off of like electromagnetic fields. So typically, the way that we kind of like no entity is there is just by the energy that it kind of collects in that one space. But I would say it's pretty much electromagnetic type situations like atoms. You know, energy doesn't go anywhere. It just splits.

Juwan: Its transferred.

Marcus: It's transferred... Did I pass the test? Did I get an A on that one?

Titi: Marcus is actually spot on. That is actually the first law of thermodynamics, also known as the conservation of energy law, which says that energy can't be created or destroyed. It can only be transferred. We talked about that a little bit in the Wakanda episode. So, what the Ghost Brothers are saying is that entities work in the exact same way. Our bodies have energy. And when we die, if we become a ghost, that energy is transformed from our human body into our ghost state.

Zakiya: We understand now that this is energy that is transferred. But is it stuck in the one place or can it move around? Are they free to move about the cabin?

Titi: Yeah, I mean, in a lot of scary movies, they always are saying, "oh, this old woman died in this house. And so she haunts this house." But I don't know.

Dalen: We find that these goals definitely do travel like we've interviewed some people. They feel like ghosts have attached to them and they've literally move from house to house with these families. So, these ghosts be getting a free ride and a fancy car, man. In my opinion.

Marcus: I mean...

Juwan: Are we gonna say fancy car?

Marcus: Them cars don't normally be fancy. Nor them houses.

Juwan: But they be getting some free rides.

Zakiya: This is great news for me.

Titi: Why?

Zakiya: Because, you know, my go to thing for all my friends. If you're my close friend, I've told you this. If something happens, come back and haunt me. If you can keep the same energy. I like you as a friend. I like you in the afterlife! It's cool! We can still kick it.

Titi: And the ghost brothers saying that you'll be able to, like, take them with you to work.

Zakiya: Yes. Bring your ghost to work day

Zakiya: Let's dive into the tech. According to the Ghost Brothers, you don't have to have a fancy kit. You know, you got to got to crawl before you ball. So, if you start crawling, you have just what you need your body.

Titi: Dalen says you don't have to break the bank and go and buy all this equipment. You can walk in there. Ten toes.

Dalen: Yeah I know when we first started trying to do Ghost Brothers, we didn't understand any of the technology that we had on hand, and we didn't want to use it because we don't want to look dumb on television. So we tried to go in with just your natural body, as you know, as a barometer. So like literally your body can feel heat changes, you know, it can feel it getting cool. You can start feeling nauseated. Your head can start hurting.

Zakiya: Once you have confirmed all those things that you can check those boxes, you pretty much have a ghost. Now it's time to upgrade to the deluxe package.

Titi: You need some real devices now.

Zakiya: We asked Dalen, Marcus and Juwan about their favorite pieces of equipment.

Titi: And one really cool piece of equipment they told us about is an SLS detector or structured light sensor.

Dalen: And it catches anomalies on it. So you can literally I can scan you in a stick figure will pop up over your body. So if you move your arm to move its arm, but it gets tricky when a stick figure pops up on this iPad and no one's in the room.

Titi: The technology in the SLS detector is just like the technology in X box Kinect. So all the gaming systems where you don't have a remote control and you stand up in front of it and you can move your body and your character on the screen moves. That is SLS technology. A structured. Light sensor has two parts. It has the light that it projects out and then it has the sensor part.

Zakiya: How does the projection part work?

Titi: So it's basically light that has a specific pattern in it. So it can be just like dots. It can be strips.

Zakiya: And then how does the sensor part work? Or how is...is the part is the sensor, the part that will detect if there is a ghost?

Titi: Yes. So when the structure light comes in contact with something that distorts that pattern, which could be a body or an entity, that sensor can detect that distortion and then will show on the iPad screen that there is something there.

Zakiya: So is it like. Yes and no. Like something here? Something's not here? Or is it more detail?

Titi: I think it depends on the type that you have.

Zakiya: So you can get a budget sensor and you can somebodies here, but.

Titi: A lot of structured light sensors can show you a shape. And so what the ghost brothers see on their iPad sometimes can be the outline of a human figure that they might not necessarily be able to see with their eyes.

Zakiya: I see an entity. I'm breaking my lease. unless it's my friend.

Titi: Then you're gonna put on a pot of tea.

Zakiya: So if your SLS does pick something up, how do you know it's a ghost?

Titi: So what the Ghost Brothers do is ask it a question.

Dalen: So like if this is actually a spirit in here, can you raise your left hand? It's been actual times where this stick figure has raised his left hand and waved at us like it's crazy. It's literally crazy. You can't explain it.

Marcus: We saw it. We saw ghost due to a robot one time pop locked and dropped it. I was like, dang you twerking out here!

Zakiya: So they told us that you can see what's there. But what about hearing what's there? And that leads us to our next piece of equipment the ghost brothers use digital voice recorders to detect EVP or electronic voice phenomenon.

Juwan: We like to call notorious EVP shout out to Biggie for culture.

Titi: Juwan says that they use this piece of equipment to pick up on voices that the human ear might not be able to detect.

Juwan: So essentially we'll be having a conversation with a spirit trying to get answers. And this digital voice recorder, or the EVP per say, is to allow the spirit to communicate with you audibly. And it is crazy like you can't hear it. Which your natural ear. But you play it back and it's picked up through the silence.

Marcus: But like when you play back that that recording, that's when you really get a lot of great stuff. Like we've gotten stuff from hearing Juwan's name to hearing my name, they ghosts still can't pronounce Dalen's name because that's a little tricky for them. You know, it's just we've gotten a lot of things where, I mean, we've had spirits literally say their actual name, like I'm Skip. Yeah. So, you know, we've had a lot of things happen with that.

Titi: So in a digital recording, you have audio waves or sound waves and that's picked up by the microphone. And once it gets inside of the digital recorder, it's converted into zeros and ones. And those zeros and ones are stored in that digital recorder. And when you want to play it back, it converted back into their original waveforms. So with microphones, as we know, as we talk into these microphones now, the higher quality microphone that you have, the more that you can pick up. So you remember when we were recording the pilot, we had different mics then and there was one microphone that we had that we swore we could hear...

Zakiya: Other noises in...

Titi: I could hear my neighbors heartbeat. So it's works the same way with these EVP is it records sound. And then when you play it back, you should be able to hear things that you can't hear with your normal ear.

Zakiya: And it also makes me think about all the times that we listen to stuff and we hear things in the background that we don't hear while we're recording,.

Titi: Right, like buzzing.

Zakiya: is this podcast haunted?

Titi: Why do you want to be haunted so bad?!

Zakiya: It's exciting!

Titi: I want to. I will watch the haunting. I don't want to be a part of it.

Zakiya: Man, I see. It doesn't follow me on Twitter @zsaidso.

Titi: And me, I'm like, blocked. So Zakiya wants to talk to these ghost real bad. And one the ghost brother said that one way that you can do that is with a device called an ovilus.

Dalen: It's like a little box was programed with every word in the dictionary. So you literally hold it up and it has an antenna on it. So if a Spirit's there, you can essentially talk to you through this box, which spits out random words one at a time so you can be like, you know, is there anything you want to tell us? And it'll say pain or you know what I mean it might say malice or might say, you know, poltergeist is no telling what word comes out of it and you can't program it to speak any word either. So totally random.

Zakiya: I wonder, like, how sensitive are these things? I feel like we need this equipment. I know don't

Titi: Zakiya is just taking a little too far for me.

Zakiya: I want to do some experiments!

Titi: I'm scared. I'm already nervous.

Zakiya: I'm going to come to your house tomorrow. I'm going to have...

Titi: No, I don't

Zakiya: A handheld radio, a candle.

Titi: If there is a ghost in this house. First of all, get out ...

Zakiya: A laser pointer...

Titi: Second of all... Hey, you can stay here rent free. Just don't touch me, please.

Titi: When we get back, we're diving into even more ghost tech.

Zakiya: Stay tuned

Zakiya: And we're back, we've been talking with Dalen, Juwan and Marcus about all the tools they use to hunt ghosts, SLS detectors, digital voice recorders to detect EVP and ovilus.

Titi: But we still haven't talked about one of the most popular things used by the Ghost Brothers and other paranormal investigators, an EMF detector. An EMF detector detects electromagnetic fields. And electromagnetic fields are the result of an electric field and a magnetic field coming into contact with each other. So these types of fields are produced by all of our electronic devices, antennas. So all the towers that are cell phones ping off of. They all have electromagnetic fields associated with them. So what the Ghost Brothers are saying is that when a ghost crosses the plane from their spooky world into our human world, that it produces an electromagnetic field.

Juwan: So if you break this plane, then essentially a spirit would be in that area, if you will.

Titi: So some M F detectors simply detect a change in electromagnetic fields. But if you want to take it one step further, you could invest in something called a REM pod or a radiating electromagnetism pod. Unlike a regular EMF detector, a REM pod radiates its own electromagnetic field. By doing this, it can detect more than a regular E M F detector and it makes it easy for the spirits to communicate.

Zakiya: And the ghost brothers actually put REM pods inside stuffed animals as a decoy and they say this works really well with kid ghosts.

Marcus: We have Nate Dogg, which is another REM pod that's shaped like a dog. And then we have Gangsta Boo, which is also another REM pod that is shaped like a teddy bear.

Dalen: So we ever go into a location where, you know, there's claims of kids haunting the place and we'll bring in a little teddy bear and then we'll be like, if there's anybody in here, do you mind touching the teddy bear like it's OK, it's a toy, you know? Then I think a light up and sound like, oh, wasn't nobody expecting that for real!

Juwan: The Teddy Bears program with sayings as well. So it's like sometimes you'll hear it and the bear be like, "you want to hold my hand?" And you're like, whoa, hold on. And it's like you're dealing with a kid entity. Is that it gets a very it gets to be very intelligent. Right. Like you like, you know, how does that even happen? It's the timing.

Zakiya: If I'm thinking about making an at home Ghostbusters kit, I need an X box Kinect. What's close to an EMF... A microwave? Is that a REM pod will that create its own electromagnetic..a cellphone!

Titi: A cell phone.

Zakiya: Yeah, that's a REM pod is making this on electromagnetic field, but then I don't know how to detect it. I can maybe use I could use the digital recorder on my iPhone,.

Titi: Possibly.

Zakiya: I don't know if it's strong enough.

Titi: You can give it a try. I'll come to your house. We will not be doing this here.

Zakiya: Oh, what else around a house could I use?

Dalen: Yeah. There's actually there's a lot of homemade tests that you can do. So, for instance, if there's little kids that you think you're haunting your place. We've had people actually put baby powder on the floor in the hallway and come back and they've seen little footsteps on the floor. You can get a little ball like a basketball. Put it in the center of a floor and draw a circle around it. And then when you come back, the ball may not be in the circle anymore. You can light a candle and literally light a candle sitting in the middle of a room and have a call and response. "Can you make the flame flicker if you're in here?" And if that flame automatically starts flickering like it's little things like that, little tricks and tools that you can create your own and your own personal space to see if something's in there

Zakiya: Well, we need some controls because we all know candles still will flicker regardless. You know, we can't lose that scientific integrity. I'm like, I need to see the candle pattern for 30 seconds before and after.

Titi: Plus or minus three seconds.

Zakiya: You know what I think you could really use? And I saw this a little bit In Paranormal Activity. But all of these at home security systems and Nest doorbells, you set up a nest doorbell or ring doorbell right in your living room if you think something is going on. Put it in the corner and see what you can see What's happening all night.

Titi: Yeah. Because it has like night vision technology. So it would be able to illuminate things.

Zakiya: you have one of those kind of doorbells? Does it ever go off or you don't see anybody out there?

Titi: Yes.

Zakiya: Is it just wind? What kind? How is it activated?

Titi: Sometimes I think it's like when a large truck goes by, it triggers it. Sometimes if it's like a super sunny day. We have some trees in the front and the shadows are like moving a bunch, you trigger it. Or maybe it's a spirit trying to get inside.

Zakiya: I feel you and I want to say yes is the shadow, too. But, you know, often in the movies, the shadow is.

Titi: A ghost.

Zakiya: Number one sign

Titi: All right. So we've gone through all this equipment and we're ready to find some ghosts. We asked the Ghost Brothers to walk us through a typical investigation. What is the very first thing that they do when they enter into a space that might have some type of paranormal entity?

Zakiya: Yeah. People have reported spooky things happening.

Juwan: The very first thing is probably pray Imma be honest. Like the very first thing is prayer. And we're looking for strength. We're looking for guidance. We're looking for protection. Right. And then like Dalen mentioned earlier in interview, the number one tool is yourself. So when you walk into these places, you're immediately trying to see if you can feel the energy shift.

Dalen: But we also ask a whole lot of question, because people misconstrue like a leaky plumbing or, you know, to mean the wind hitting up against their window like everybody thinks everything is paranormal once they're scared. So we try to come in and debunk things to off the gate. You know, I mean, like maybe your fossil is leaking or maybe you even shut your door all the way. It's little things like that can be responsible for a lot of the claims that people have.

Titi: The ghost brothers are really, really cool. I really love Dalen, Juwan, and Marcus they were so much fun. And we just really wanted to know how the three of them got into all of this.

Zakiya: Yeah. We couldn't leave without asking that question.

Dalen: I was literally watching up late one night watching one of those girls on a shows on television. And I just realized that I didn't see any representation of myself on any of these TV shows. There was no black people. There was no minorities. There was no young folks. Like my voices wasn't being heard. I mean, me and Juwan was roommates at the time, so I literally ran across his room mind you it's three o'clock in the morning. I kicked in his door I was like "hey bro wake up get up! get up!". He in there "bro if you don't get out my room!" I was like, "Naw, bro... Think about it. We should really consider hunting ghosts. And when I tell you, I've never been cussed out by Juwan faster than I was cussed out by him that day. He literally he thought about it and he came to me the next morning and he was just like, "Bro, you might be onto something, man. We have nothing to lose but to try it"

Titi: I didn't realize how much science was behind all of this. Maybe we should start a side business where we make ghost hunting tools

Zakiya: You would do all the work. All I would do is put labels on the box. OK.

Titi: That would be perfect because you could test it all out and you would be the most adventurous one.

Zakiya: I mean, it's all been so informative for me. This explains all these tools from a physics perspective. That's my weak spot. And that's your strong spot. And that's why we make a good team.

Titi: Yes, we need to call the Ghost Brothers.

Zakiya: We can be the ghost sisters!

Titi: Do yall need ghost sisters? let us know

Zakiya: This makes me think of all the scary movies that I've seen. I need to go back and re watch them because a lot of them have equipment where they pick up some kind of noise or they look at radio signals or they're drawing stuff from what they hear playing back in the tape recorder.

Titi: Right.

Zakiya: I think I could understand it a little bit differently now. I hope their science holds up.

Titi: Yeah. And poke holes with it, right? Nope. That's not how that works.

Titi: Am I going to come to your house this week and see you over there where baby powder all over the place and candles in every corner?

Zakiya: The candles will burn. OK, I will have the candles. And just because this spooky season, I'm gonna get those taper camp, you know, the tall ones. I'm into that. I'm not sprinkling baby powder on the floor because who is going to sweep it up? who?

Titi: Baby powder gets in every nook and cranny. Your house will be completely different.

Zakiya: I don't need those troubles.

Titi: Gray floors.

Zakiya: I've really been trying to figure out why I'm so into this. And I wonder if it's because I love Goosebumps books as a kid. Is this R.L. Stine fault?

Titi: For you? I think so. Well, lucky for you and anyone else interested in parallel investigation. There are some apps you can download, like straight on to your iPhone or Android. It's in your app store.

Zakiya: Listen, I've been downloading Candy Crush and all these restaurant games where you cook a burger, serve it up to the person.

Titi: My friend loves a restaurant game.

Zakiya: It's a whole dark side. A whole spooky side of the app store. Yeah. I've been missing out.

Titi: These apps let you detect entities like there's a spirit box app. Listen. We all do it. Just don't come and be in our DMs talking about it because I feel like these new age ghosts. They probably have smartphones.

Zakiya: You think they can get through to us?

Titi: Yes.

Zakiya: Well. Tag me I'd like to see what you guys doing.

Titi: You tag me imma block you.

Titi: Don't forget to check out our Web site for the cheat sheet on today's episode.

Zakiya: You can find it and find it for our newsletter, at dopelabspodcast.com.

Titi: Also, we love hearing from you. What do you think about today's lab? What are your ideas for future labs? Our number is 2 0 2 5 6 7 7 0 2 8.

Zakiya: You can also find us on Twitter and Instagram @dopelabspodcast. Titi is on Twitter @dr_tsho.

Titi: And you can find Zakiya @zsaidso

Zakiya: Follow us on Spotify or wherever you listen to podcast. Special thanks to our guests today, Dalen Spratt, Juwan Mass and Marcus Harvey, the Ghost Brothers. And they have something they want to tell you.

Juwan: Yeah. I need you guys to come support the Ghost Brothers for the Straight Ghosting weekend in Savannah take over in Savannah, Georgia. October 25th, 26 its going down. We're actually doing a haunted pub crawl. We're doing a paranormal investigation. We've got some ghost walks. We're doing a meet and greet at the Ghost Coast Distillery. So its everything ghost. Savannah, take over with the Ghost Brothers. October 25th, 26. We'd love to see you there. tickets are available on straightghosting.com.

Zakiya: Our producer is Jenny Radelet Mast of Waverunner Studios. Mixing and sound design by Hannis Brown

Titi: Special thanks to Cristina Martinez.

Zakiya: And Malika Gumpangkum

Titi: Original theme music by Taka Yasuzawa and Alex Sugiura with additional music by Elijah LX Harvey

Zakiya: Dope Labs is a production of Spotify Studios and MegaOhm media group and executive produced by us..

Titi: Titi Shodiya.

Zakiya: and Zakiya Whatley.

Zakiya: Now, if you have confirmed, yes, my head is hurting. Yes, these hairs stand up on my arms. I feel this lady breathing over me.

Titi: I just got scared! I just got scared. Just sitting here. Oh, man, I don't like it.

Zakiya: I love it.

Titi: I love it. But also, I'm ready to run out screaming.